# LEAD POISONING IN LANCASTER COUNTY

Jeffrey R. Martin, M.D. FAAFP Director Lancaster Lead Coalition Emily Eddowes, Project Manager, Partnership for Public Health Understand the negative affects of lead poisoning

- Present the current situation in Lancaster County
- Ongoing advocacy and solutions to problem

# OBJECTIVES

## WHAT IS LEAD?

- 6500 BC. Lead discovered in Turkey, first mine.
- 500 BC-300 AD.- Roman lead smelting produces dangerous emissions.
- 100 BC. Greek physicians give clinical description of lead poisoning.

# "Lead makes the mind give way." Dioscerides - 2nd BC

"If we were to judge of the interest excited by any medical subject by the number of writings to which it has given birth, we could not but regard the poisoning by lead as the most important to be known of all those that have been treated of, up to the present time." Orfila, 1817 "Lead Poisoning remains the most common and societal devastating environmental disease of young children."

#### **PUBLIC HEALTH SERVICE - L. SULLIVAN, 1991**





# WHAT IS LEAD?

- Soft blue-gray metal
- Found in the natural environment
- Was added to paint and gasoline in past (up to 1978)
- Still used in consumer products
- Mexican candy, foot powder, jewelry, stained-glass, pottery etc.





#### the natural ore galena

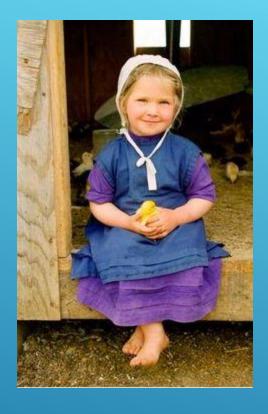


#### HOW ARE PEOPLE EXPOSED TO LEAD?

- Dust, paint, and/or soil
   Contaminated food, water, or alcohol
- Some imported home remedies and cosmetics
- Endogenous exposure problem with increased bone turnover







# AMISH "BOBBIES"





#### Nebraska or "old school" Amish in Belleville, PA

#### Pennsylvania Buffalo Erie Belleville Allentown Philadelphiae Pittsburgh Wheeling Baltimoree Washingtone



#### ORAL ACTIVITY IS RISK FOR LEAD EXPOSURE



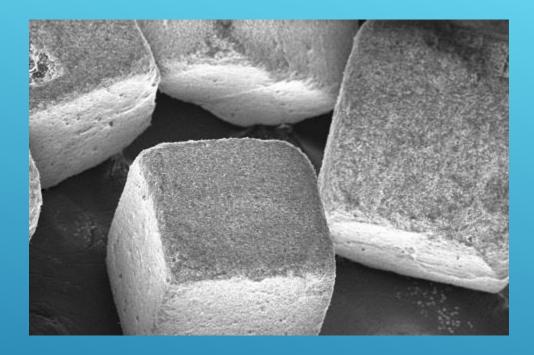
Source; Lynn Ringenberg, MD and PSR Florida



### HOW MUCH IS TOO MUCH?

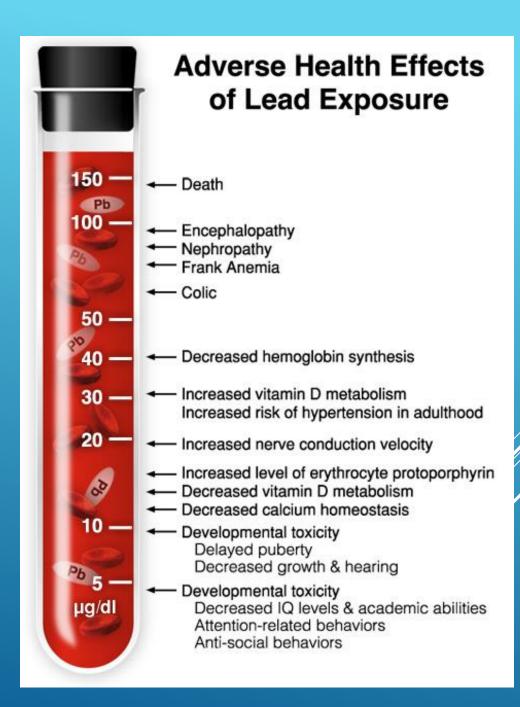


- One packet of sugar substitute is 1gram.
- Current level of concern is 5mcg/dl.
- A microgram is one millionth of a gram.
- A deciliter is one tenth of a liter
- The average adult has 4-5 liters of blood. The average child 1-2 liters.
- So 50 millionth of a gram is enough to raise a child's blood lead level to 5mcg/dl.
- There are 20,000 "doses" of potential lead poisoning in one packet of sugar substitute.



#### HOW MUCH IS 50 MICROGRAMS?

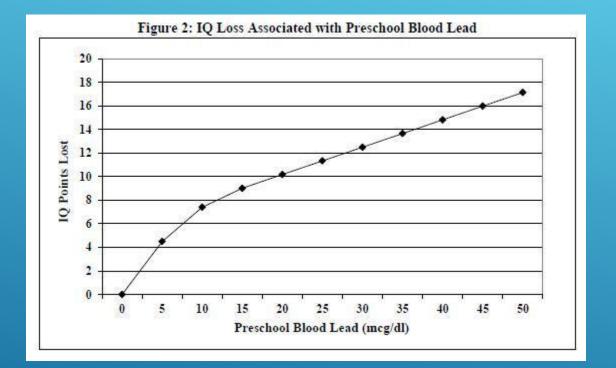
#### EFFECTS OF LEAD



# CHILDREN AND LEAD EXPOSURE-OVERVIEW

- Chronic, low-level exposure can lead to subtle neurodevelopmental effects
- Sometimes not recognized until older grades requiring higher-level cognitive functions
- These can impact on children's future education and employment status (as well as lead to societal costs)
- Newer studies indicate NO THRESHOLD for effects: NO LEAD IS GOOD LEAD

#### LEAD AND IQ...NO LEVEL IS SAFE



Low-Level Environmental Lead Exposure and Children's Intellectual Function: An International Pooled Analysis. Bruce P. Lanphear; et.al., Environ Health Perspect. 2005;113(7):894-899.

#### STUDIES OF ADVERSE EFFECTS OF LEAD EXPOSURE

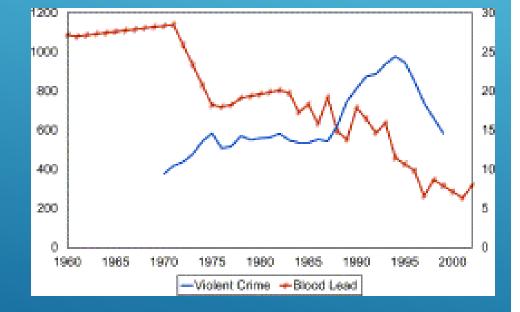
- Inverse relationship between indices of lead exposure and IQ (cognition)
- About 4-8 points as BLL increases to 10 µg/dL and 1-5 points as BLL reaches 20 µg/dL
- Decrease in proficiency in basic academic skills (math, reading), decreased school achievement and poor organizational skills
- Association with attention, learning, behavioral (distractibility and hyperactivity) problems
- (REF: Lidsky and Schneider, 2006; Bellinger 2004; AAP 2005; Lanphear et al, 2005; Jusko et al, 2008; Canfield, 2003; CDC 2005; Binns , 2007)

#### New Findings on Lead and Educational Attainment

Blood Lead			
Levels	Educational Impact	Size of Study	Location of Study
≤ 3 µg/dL	Decreased end of grade test scores	More than 57,000	North Carolina
		children	(Miranda et al. 2009) <sup>1</sup>
4 μg/dL at	Increased likelihood learning disabled	More than 57,000	North Carolina
3 years of age	classification in elementary school	children	(Miranda et al. 2009) <sup>1</sup>
	Poorer performance on tests	35,000 children	Connecticut
			(Miranda et al. 2011)
5 μg/dL	30% more likely to fail third grade	More than 48,000	Chicago
	reading and math tests	children	(Evens et al.
			unpublished data)
	More likely to be non-proficient in	21,000 children	Detroit
	math, science, and reading		(Zhang et al. 2013)
5-9 μg/dL	Scored 4.5 points lower on reading	3,406 children	Rhode Island
	readiness tests		(McLaine et al. 2013)
≥10 µg/dL	Scored 10.1 points lower on reading	3,406 children	Rhode Island
	readiness tests		(McLaine et al. 2013)
10 and 19	Significantly lower academic	More than 3,000	Milwaukee
μg/dL	performance test scores in 4th grade	children	(Amato et al. 2012)
≥ 25 µg/dL	\$0.5 million in excess annual special	279 children	Mahoning County, Ohio
	education and juvenile justice costs		(Stefanak et al. 2005)

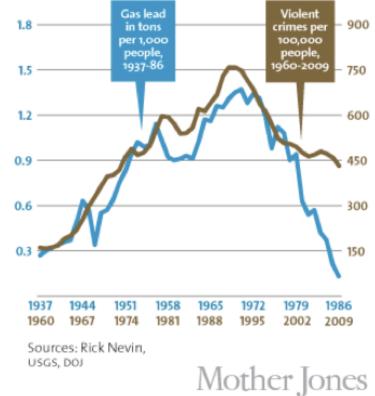
Source: Educational Services for Children Affected by Lead Expert Panel. Educational interventions for children affected by lead. Atlanta: U.S. Department of Health and Human Services; 2015.

#### SOCIETY PAYS THE PRICE



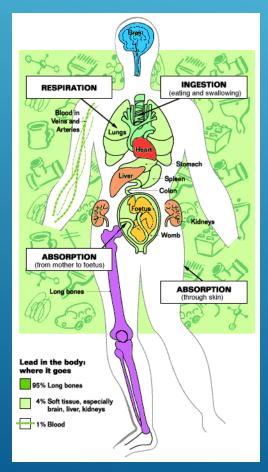
#### THE PB EFFECT

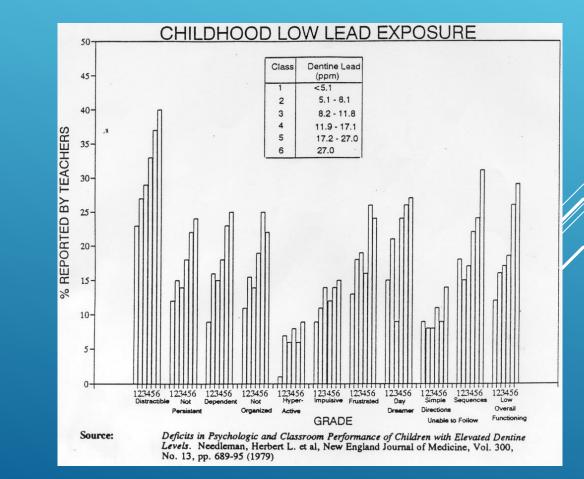
What happens when you expose a generation of kids to high lead levels? Crime and teen pregnancy data two decades later tell a startling story.



#### LEAD AND JUVENILE DELINQUENCY

#### Analysis: Is Lead Exposure the Secret to the Rapid Rise and Fantastic Fall of the Juvenile Crime Rate?





#### POPULATION HEALTH EFFECTS

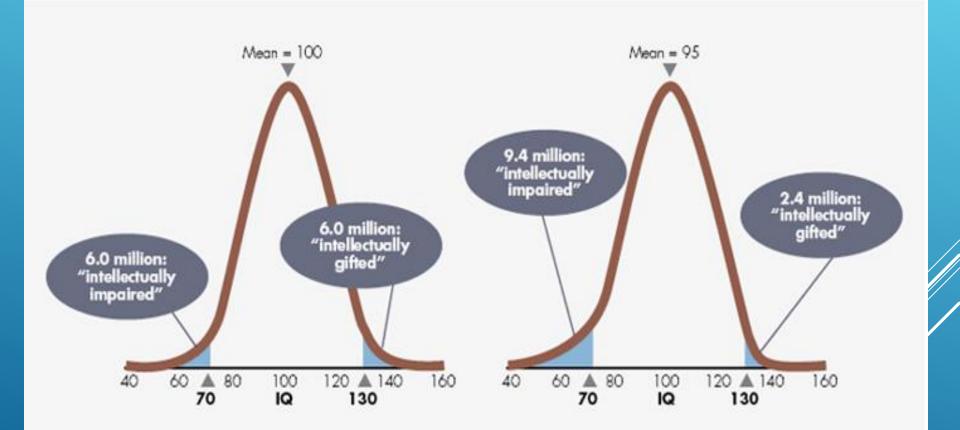
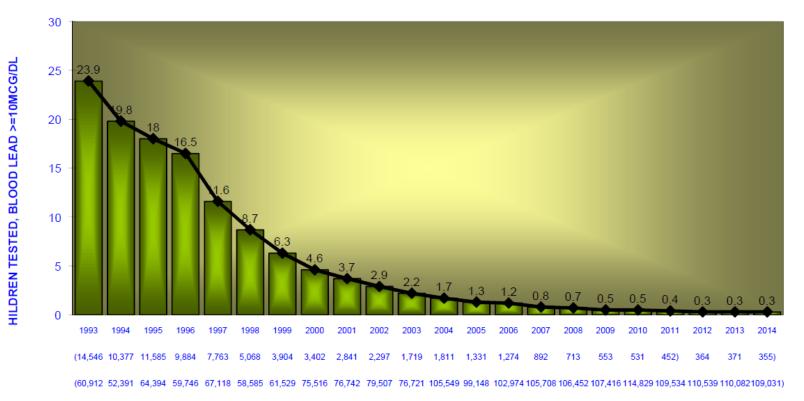


Figure 6: Small Individual Effects Can Have Significant Population Effects1

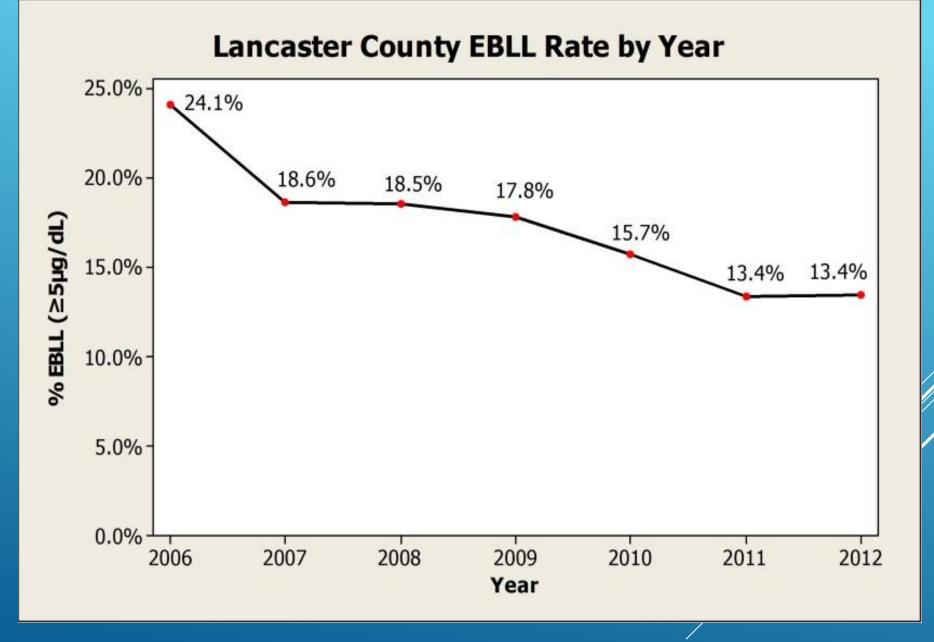
#### MARYLAND DEPARTMENT OF THE ENVIRONMENT CHILDHOOD BLOOD LEAD SURVEILLANCE STATEWIDE 1993-2014



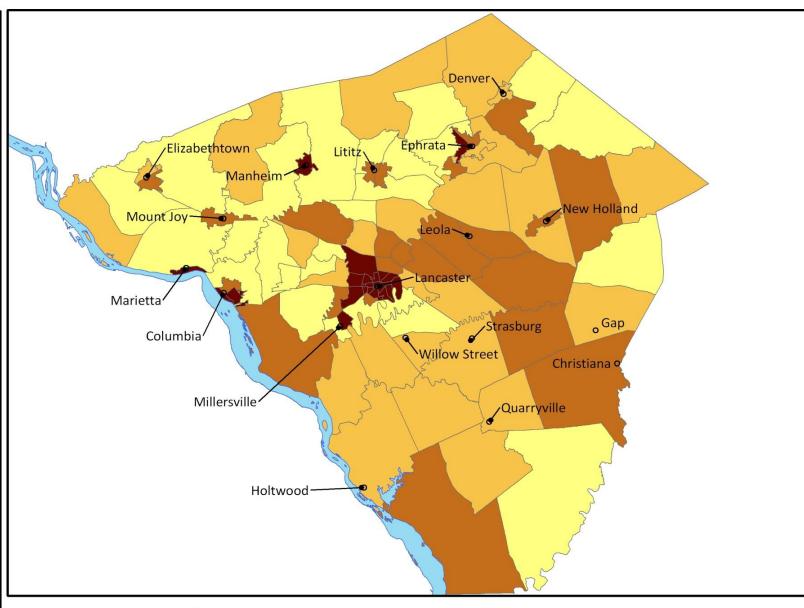




CALENDAR YEAR (Number of Children with BLL>=10mcg/dl) (Number of Children Tested)



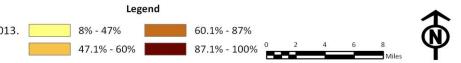


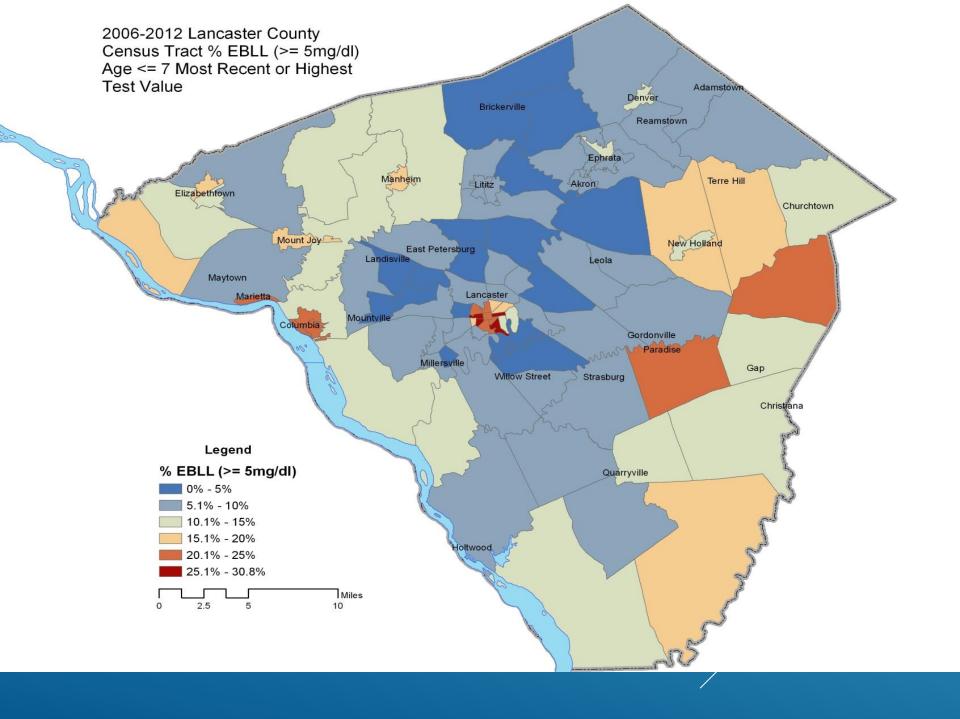


#### Census Tracts: Quartiles

Parcel data from Lancaster County GIS and Assessment Office.

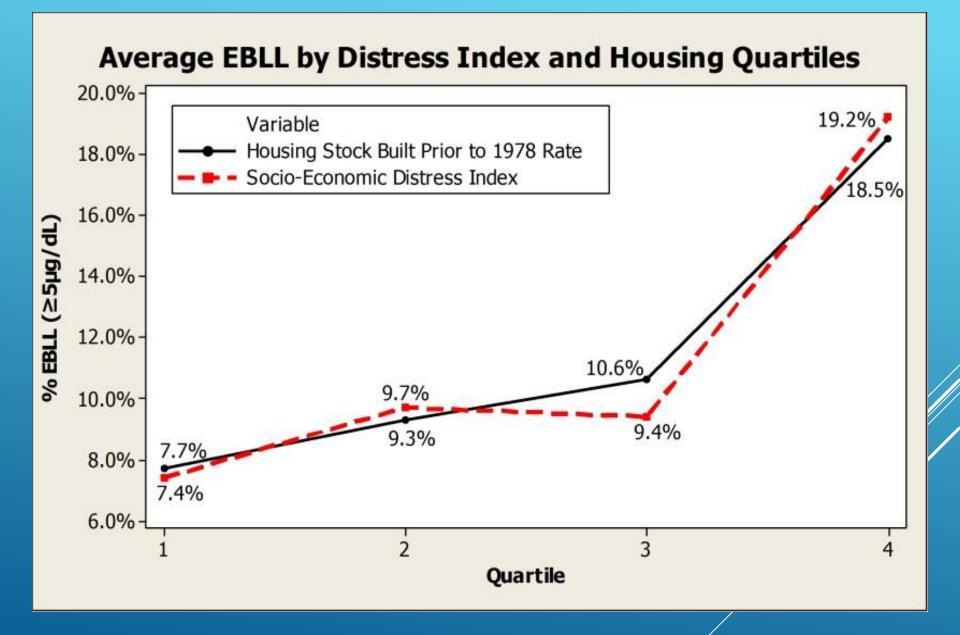
Map created by Lancaster General Research Institute: February 18, 2013.





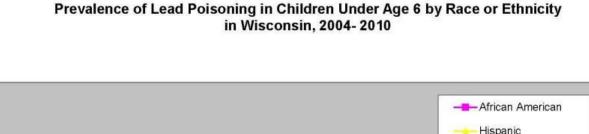
- Rate of children less than 7 years old with EBLs (elevated blood lead levels < 5) currently around 13%. The national average is.....5.4%
- According to 2010 census children under age of 7 represent 10% of the population, which is number 1 per capita in the state.
- The rate of testing for children 1 to 2 years of age was 7.64% which is half of most counties in PA and much lower than the national average of 16.2%.
- PA ranks 4<sup>th</sup> in nation with housing units built prior to 1978.

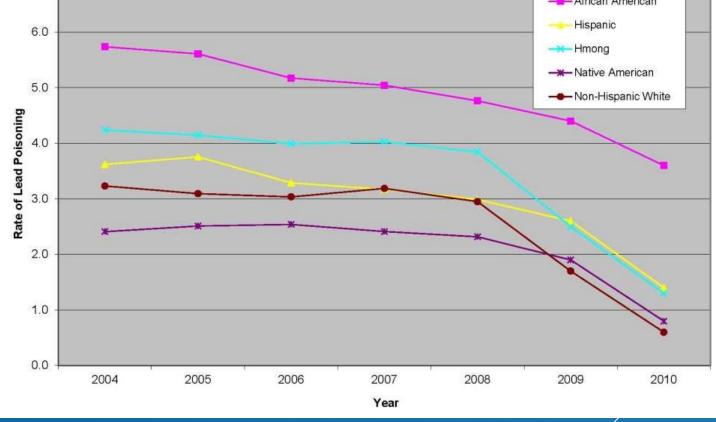
#### LANCASTER AND LEAD.... A CONFLUENCE OF FACTORS



#### RACIAL DISPARITIES

7.0





https://www.dhs.wisconsin.gov/lead/index.htm

- Several "at-risk" groups including Latino population and Amish population.
- No serious lead ordinances in county's 63 separate municipalities, except Lancaster City.
- There are playgrounds in Lancaster City which test very high for lead in soil.
- Many community gardens may have high lead soil levels.

#### LANCASTER AND LEAD... A CONFLUENCE OF FACTORS

#### Partnership for Public Health and Lancaster Lead Coalition

- New Funding from HUD
- Other grant funding
- Community Partnerships/ Legislative solutions



- Working collaboratively with local stakeholders to protect health, prevent disease and promote the health and wellbeing of all people in Lancaster County."
- > Lead Coalition is a committee of the Partnership
- Goal of Lead Coalition is to increase awareness, increase screenings rates, and decrease incidence of cases
- www.partnershipforpublichealth.org



New Funding from HUD

- Lead Based Paint Hazard Control Grant
- \$1.33 million to abate lead hazards in city and county
- > A total of 92 homes will be remediated
  - > 70 in the City limits
  - > 22 outside the City
- The majority of units will be for homeowners with some rental units beings served.



# Other grant funding CHI/ St. Joseph Children's Health Lowe's Community Partners Grant



#### Community Partnerships/Legislative solutions

- Advocating to legislators
- Developing better Lead ordinances
- Child-care ordinance in Lancaster City
- > 211, single point of intake for children with EBLL
- Enhancing provider testing rates at LGH/ Penn Medicine
- Local solutions for local issues







United Way of Lancaster County



